**Definition**

Anorexia Nervosa is an eating disorder that causes people, especially young women, to believe that they are overweight. It leads to extreme starvation and a distorted body image.

**Causes:**

Women who suffer from implicit category learning are more likely to have Anorexia Nervosa. These women have differences in the reward-driven learning part of the brain. ¹

**Facts About Anorexia Nervosa:**

- It is the third most common chronic illness in teens
- One in 200 American women suffers from anorexia
- Up to 20% of gay men develop Anorexia Nervosa whereas only 10% of anorexics are heterosexual males.⁵

**Treatment:**

Day Hospitals are gaining more importance when it comes to treating Anorexia. More cost affordable than other programs.³

**Treatment:**

Hands on treatment is more effective than treatment where the patient is left alone. Working with the therapist everyday improves the illness drastically.²

**Celebrities with Anorexia Nervosa**

Lindsay Lohan

Amy Winehouse

**Therapy:**

Family involved therapy is shown to be more effective when the family is more involved.⁴

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